

# YOUR PREP DAY PLANNER

*Use this page to map out any session before you start it. Fill in what you are making, note the dependencies, and sketch out the rhythm so nothing catches you off guard.*

Session number: \_\_\_\_\_

Recipes I am making today:

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What I need to have ready from a previous session:

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What needs to cool or chill before I can use it:

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*Before you start*

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*First thing*

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*While things bake or ferment*

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*While things cool*

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*Once cool enough to handle*

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*End of session*

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*What goes in the freezer today*

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*What needs to be ready for my next session*

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